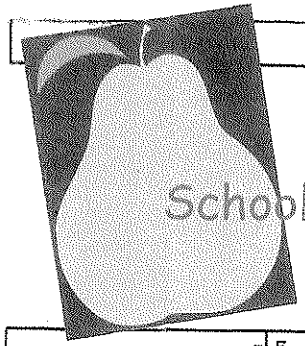
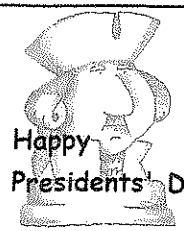
February 2012



School Lunch Menu

Mon	Tue	Wed	Thu	Fri	Sat
		1 3 - 1 oz. Chicken Tenders, pc Catsup 1 ea Baked Potato 2 oz. Fresh Apple Slices 1 ea Wheat Roll pc Margarine	2 2 oz. Hamburger Pattie 1 ea Multi-Grain Bun pc Catsup, Mustard 3 oz. Wedge Fries 1/2 c. Pineapple Tidbits	3 3- 1 oz. Meatballs 2 oz. Sauce 1/2 c. Rotini Pasta 1/2 c. Tossed Salad pc Ranch Dressing 1/2 c. Diced Mixed Fruit	4
5	6 5 - .67 oz. Chicken Nuggets, pc Catsup 1/2 c. Cheesy Potatoes 1 ea Fresh Apple 1 ea Whole Wheat Roll pc Margarine	7 2 oz. Sloppy Joe Beef 1 ea Sandwich Bun 1 ea Dill Pickle Spear 3 oz. Wedge Fries 1/2 c. Fresh Baby Carrots, pc Ranch	8 3 oz. Breaded Chicken Pattie, 1 ea Multi Grain Bun, Mayo, Catsup pc 3 oz. Oven-Browned Potatoes 2 oz. Fresh Apple Slices	9 2 oz. Sliced Turkey with 1/2 c. Stuffing 1 oz. Turkey Gravy 1/2 c. Green Beans 1/2 c. Pineapple Tidbits	10 2 oz. Turkey Hot Dog 1 ea Sandwich Bun pc Catsup, Mustard 1/2 c. Baked Beans 3 oz. Fresh Orange Wedges	11
12	13 2.5 oz. Steak Hoagie Pattie with Pizza Sauce & Cheese, 1 ea Sub Bun 3 oz. Tater Tots 1 ea Fresh Apple	14 5 oz. BBQ Chicken Leg Quarter, 1/2 c. Scalloped Potatoes 1/2 c. Tossed Salad pc Ranch Dressing 1 sl Wheat Bread	15 2 oz. Taco Beef 6" Soft Tortilla .5 oz. Cheese, Lettuce 1/2 c. Mexican Rice with Beans 1/2 c. Pineapple Chunks	16 3 oz. Breaded Chicken Pattie, 1/2 c. Mashed Potates, 2 oz. Gravy 1/2 c. Chopped Romaine pc Ranch Dressing 1 ea Wheat Roll	17 2 oz. Cinti-Style Chili 3 oz. Spaghetti .5 oz. Cheddar Cheese 1/2 c. Green Beans 1/2 c. Mixed Tropical Fruit	18
19	20  	21 4 oz. Meatsauce 3 oz. Penne Pasta 1/2 c. Seasoned Green Beans 1/2 c. Cinnamon Applesauce	22 3 oz. Crispy Fish Filet 1 ea Multi-Grain Bun pcTartar Sauce, Catsup 1/2 c. Oven-Browned Red Skin Potatoes 1/2 c.Diced Mixed Fruit	23 2 oz. Deli Turkey on Wheat, Mayo, Mustard 6 oz. Vegetarian Vegetable Soup 1/2 c. Pineapple Chunks with Mardarin Oranges	24 8 oz. Macaroni & Cheese 1/2 c. Tossed Salad pc Ranch Dressing 1 ea Fresh Apple 1 ea Whole Wheat Roll	25
26	27 2 oz. Hamburger Pattie 1 sl American Cheese pc Catsup, Mustard 3 oz. Wedge Fries 1/2 c. Mixed Diced Fruit	28 8 oz. Home-style Chili .5 oz. Cheddar Cheese 1 pk. Goldfish Crackers 3 oz. Fresh Carrot & Celery Sticks 1/2 c. Applesauce	29 2 oz. Turkey Hot Dog 1 ea Hot Dog Bun pc Catsup, Mustard 3 oz. Tater Tots 2 oz. Fresh Apple Slices			

Food services provided by:
Premier Food Management, LLC (513) 541-0222
Menu subject to change.
This institution is an Equal Opportunity Provider.

Milk provided with all lunch meals.