

NOVEMBER 2010

Parent Education Series

Cincinnati Children's
Division of Psychiatry
College Hill Campus
5642 Hamilton Ave.
Cincinnati OH 45224

Join us for our weekly Education Series at the Cincinnati Children's College Hill Campus.
All Presentations are **FREE**
Wednesdays from 6:00pm-8:00pm

Child care and dinner will be provided.
Please RSVP with your child care needs at 513-636-7808

Wednesday Nov. 3: Dealing with Depression

Learn survival tips and strategies to help your child deal with this illness.
Depression affects every area of your life.
Presentation by parent Educator, Shelly Scudder

Wednesday Nov. 10: Chemical Dependency

How to cope when your child is using substances.
Better understand Substance Use and Recovery.
Presentation by Substance Abuse Counselor, Vanessa Agee Hodge

Wednesday Nov. 17: Parent Organizational Notebook

Looking for a way to keep track of phone numbers, medications, & therapies?
Want to improve communication & the care you're getting?
Families will walk away with an organizational tool to help simplify your life.

Wednesday Nov. 24: No Meeting Thanksgiving Holiday

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Please RSVP at 513-636-7808
or by email: FRC@ccchmc.org



change the outcome